

Locker-room alternatives

Double-duty products get you in and out fast

By Julia Tolliver Maranan

When you're pressed for time, maximizing your workouts means minimizing the time you spend in the locker room. Here are some super skin- and body-care items designed to make the most of every minute—you'll look marvelous in no time flat.

Ban Beautifully Smooth Antiperspirant/Deodorant contains skin-soothing lavender extract. \$2.69

TerraTints Lip Balm from Alba Botanica moisturizes, protects, adds color, and is SPF 10. \$3.99

Bioré Blemish-Fighting Cleansing Cloths are premoistened to lift away oil, dirt, and makeup, and also treat and prevent pimples with salicylic acid. \$5.99

Neutrogena Clean Replenishing Moisturizing Shampoo is gentle enough to use every day. \$4.39

Olay Complete Body Wash with vitamins is soap-free for extra-dry skin. \$4.99

Vermont Soapworks Shampoo Bar cleans and conditions your skin and hair (no conditioner needed!), and you can even use it to shave. \$4.29

The Color Workshop Perfect Beauty Compact comes with blush, eye shadow, lip gloss, mascara, brush, and applicators. \$2.99

i.d. Cosmetics bareMinerals Foundation from Bare Escentuals is creamy and free of additives; offers sheer coverage and SPF 15. \$25

Oral-B Brush-Ups are textured teeth wipes. \$1.29